

Health & Beauty

A Full Service Hair & Nail Salon!

Walk-ins Welcome • Appointments Recommended

313 S. James St., Ludington

(231) 845-6068



ACCESSIBLE HEALTH CENTER— URGENT CARE

5511 W. US-10, Ludington, MI 49431, (231) 843-1553 • We work in partnership with our clients and community to provide whole patient care in a welcoming, compassionate, respectful, and professional atmosphere. We offer urgent care, walk-in clinic, family practice, occupational medicine, pain management, and full D.O.T. services, including breath alcohol and urine drug screenings.

NATURAL BY DESIGN MESSAGE THERAPY

(231) 845-1389, www.colleenavedisian.com • Over 20 years experience as a massage therapist, Colleen uses a holistic and integrated approach to assess the needs of her clients. For relaxation, pain relief, deep tissue work, or stress reduction. Sessions specifically tailored to you. Colleen draws knowledge from her nursing background and has worked with cancer patients. By appointment.

PIERROT HAIR DESIGN

313 S. James St., Ludington, MI 49431, (231) 845-6068, www.ludingtonhairsalon.com • Serving downtown Ludington since 1985. Pierrot specializes in cuts, color, highlighting, and perms, featuring Redken, Pureology, Matrix, and Paul Mitchell products. Now offering manicures, pedicures, sculptured nails. Pamper yourself with a relaxing massage by appointment. Open Tuesday-Friday 9am-5pm, Saturday 9am-3pm, evening hours by appointment. Walk-ins welcome.

SAFARI SUN

3843 W. US-10, Ludington, MI 49431, (231) 845-6597, www.safarisuntanning.com • Let their friendly staff pamper you with a new haircut, style, color or highlight. They offer a nice variety of nail treatments, including new shellac manicure or pedicure. Get a natural glow using one of their tanning beds, with packages available. First tan free. Massage and facials available. ☀️



ACCESSIBLE HEALTH CENTER

URGENT CARE

- Walk-In Clinic • Family Practice • Pain Management
- Occupational Medicine • DOT Drug & Alcohol Testing
- DOT Physicals • Sport Physicals

MOST INSURANCES ACCEPTED

5511 West US10, Ludington

231-843-1553

Monday-Friday 8am - 6pm

Saturday 9am - 5pm

"Don't Live With Pain"

US REHAB SERVICES

"Our Mission is to Reach Your Goals"

We Provide...

- ✓ Physical Therapy
- ✓ Laser Therapy
- ✓ Pain Management
- ✓ Home Therapy
- ✓ Aquatic Therapy
- ✓ Massage Therapy

APPOINTMENTS WITHIN 24 HOURS

We Accept Most Insurance Plans including Medicare.

MESA, BC/BS, Priority Health & PPOM's

Monday-Friday 8am-5pm • 231-845-0900

Ludington Office - 5511 WEST US10

Safari Sun TANNING

Full Service Salon

- Hair Styling • Color
- Manicures & Pedicures
- Massage

**3843 W. US-10, Ludington
231-845-6597**

OPEN:
Mon.-Fri.
9am-7pm
Saturdays
9am-3pm
Sundays
11am-5pm

MESSAGE THERAPY

Colleen Avedisian RN

NATURAL BY DESIGN

STUDIO FOR HOLISTIC HEALTH

ColleenAvedisian.com 231-845-1389